



## Tour Card

# On the threshold of plenitude

(Vietnam and Cambodia) 2 or 3 weeks

2 nights in Hanoi:	Days 1 and 2
2 nights in Halong Bay:	Days 3 and 4
2 nights in Halong Bay:	Day 5
1 night in Hue:	Day 6
3 nights in Hoi An:	Days 7, 8 and 9
3 nights in Nha Tran:	Days 10, 11 and 12
2 nights in Hô Chi Minh:	Days 13 and 14
2 nights in Phnom Penh:	Days 15 and 16
3 nights in Siem Reap:	Days 17, 18 and 19

On the threshold of plenitude can constitute a circuit in itself or be joined to:  
Body and soul cares in the land of Hô and Bangkok and the essential of Laos.



Next departure: \_\_\_\_\_

Arrival day: monday — Departure day : saturday

**D1: Arrival in Hanoi** - Group supper.

**D2: Tour de ville Hanoi** - Cyclo-pousse. Temple of Litterature (Vien Miêu), Mausoleum of Hô Chi Minh, Old quarters. Hair and facial treatments. Folkloric entertainment.

**D3: Cruise on Halong Bay** - Cruise on a jonque amidst thousands of islands in an exceptional landscape. On board massages. Sea foods supper.

**D4: Cruise on Halong Bay** - Bathing and kayaking. Fish culture at sea. Cat Ba island. Massage formation and exfoliation session.

**D5: Cruise on Halong Bay** - Lunch in Long Bay City. Night train to Hue (Fairytale landscape of the back country).

**D6: Discover Hue** - Cruise on the Perfume river. Palaces and Royal tombs. Oriental massage. Tasting of saki and local beers.

**D7: Hue-Da Nang-Hoi An** - Imperial City (Hue). *Col des Nuages*. Lunch on the shores of the China sea. Cham Museum (Da Nang). Beach and massage (Hoi An).

**D8: Hoi An** - Hoi An's old quarters: Temples and pagodas. Imposing architecture. Central market. Manucure-pedicure treatments.

**D9: Hoi An** - Shopping, moto or cycling. Original cooking cours.

**D10: Hoi An, Da Nang, Nha Trang** - Marble mountains. Most notorious beaches of the region at the footsteps of our hotel (Nha Trang). Fitness and sauna.

**D11: Nha Trang** - Excursion on the Bay of Nha Trang. Bathing and scuba diving.

**D12: Nha Trang** - Beach and relaxation. Po Nagar: Hindouist sanctuary. Local and imported wine tasting.

**D13: Nha Trang, Hô Chi Minh city** - Beach (Nha Trang). Vintage construction with health centre (Hô Chi Minh city). *Night Life Saigon* outing.

**D14: Hô Chi Minh city, Cu Chi** - Thai-chi session. Cu Chi tunnels. Hevea exploitation plant. Visit of the main touritic sites: Notre-Dame Cathedrale, Museum of War crimes...

**D15: Hô Chi Minh city, fly to Phnom Penh** - Mini-cruise on the Mekong river. Visit of the old quarters, filled with rich colonial architecture. Traditional supper on the shores of the Mekong river.

**D16: Phnom Penh** - Old Central market, French architecture mall. Russian market (Toul Tompoung). Museum of genocide, S-21. Temple of Vat Phnom. Royal Palace.

**D17: Phnom Penh, Siem Reap** - Discovery of the luxurious vegetation of the back country. Propitious sites for photographers. Massage and meditation formation. Supper and folkloric entertainment.

**D18: Siem Reap, Temple of Angkor** - Angkor, ancient capital of the Khmer empire, city composed of 287 temples. Visit of the Bayon and Angkor Vat, magnificent temples of the golden age of the Khmers. World unique complex transporting the visitor into a forgotten era.

**D19: Siem Reap** - Banteay Srei, architectural master piece in pink gres from the 10th century. Preah Knah et Ta Prohm, monastaries invaded by nature. Good-bye supper and evening.

**D20: Siem Reap** - Free morning until your transfer to the airport.

### Adventure - Easy Circuit

To allow you to completely appreciate your trip and to avoid annoyance to other voyagers, we ask you to be conscious that this itinerary requires the capacity to walk for a period of two to three hours on flat ground.

This circuit might also include bus trips up to four hours or a little more.